

California Heat 16AAA Program Cost

All Inclusive*

Tournaments	5 Major Tournaments AND two "home" tournaments
Games	30 regular games included (15 home and 15 away)
Summer Program	14 two hour sessions through summer + workout monitoring program
On Ice Sessions	3 hours per week (2 slots of 90 minutes)
Off Ice Sessions	3 - 4 hours per week (with practice and stand-alone when not traveling)
Coaching	All Head-Coaching fee's, including travel*
Coaching	All Assistant-Coaching fee's, including travel*
Coaching	All professional trainer Fee's (dryland)
Floorball Practices	All Floorball sessions (20+ Sessions) during season
Floorball Tournament	National Tournament Huntington Beach California (August)
Video Review	Online game access, professional video review of games and training material
Off-Ice Testing	Two sessions, plus result distribution and monitoring of performance
On-Ice Testing	Two sessions, plus result distribution and monitoring of performance
Monitoring	Individual meetings with coaches (all coaches) to review performance and development
Career Services	Resume builder assistance, Q&A Sessions (parents and players), distribution of information
Education	Distribution and on-going discussion regarding the "World of Hockey" presentation
Nutrition	Information distributed, team cooking at tournaments, guidance and programs
Workout Programs	Distributed customized workout programs based on NHL and AHL gym workouts
Mental Training	Studying material to train the mind and create optimal preparation for games/tournaments
Fun Activities	Paintball, Fantasy Hockey Challenge, Baseball Challenge, Beach Volley Challenge
Misc.	Pucks, Medecine Kit, Tool-Kit, 3 Practice Jerseys

Tournaments	Air-fare to all five major showcase tournaments All meals included All travel (bus/mini-bus) included All hotel costs included All coaches room and board included All tournament entry fee's included
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Total Season Games	Estimated 58 (without counting playoffs)
Playoffs	Depending on advancement, playoffs may incur extra cost
Note	Team will travel eat and stay together at away tournaments

TOTAL COST \$11,499

Savings	No more airport parking fees (\$100 per trip) No need to buy a whole hotel room (savings of \$300 per trip) All meals included for your child (family food savings of \$\$\$\$) No Need to rent a car (savings of \$250 - \$400 per trip) Providing for your kid to "GROW UP" = PRICELESS
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Web-Site www.caheathockey.com
Find us on Facebook California Heat (Group)

*Depending on advancement to and through playoffs, additional charges may apply.

